



East Grinstead Music & Arts Festival

Dance Syllabus

DANCING

18/19 April, 2/3 & 9 May 2026

Dance closing date is 26 October 2025 unless we are at capacity prior to this date.

Rules

- 1 Group and Troupe entries - please put the school name not the title of the dance.
- 2 One parent only in the Dressing Rooms. Schools are welcome to send licensed chaperones if they wish.
- 3 Duets, Trios and Quartets - please put the dancers names not the title of the dance.
- 4 Payment of entries is 31 December 2025 and if payment is not received we will go to the reserve list, which is being compiled, to replace those unpaid entries.

Adjudicator

Dr Nathan James

PhD MA

Nathan trained in the Midlands in all musical theatre and dance disciplines along with his initial teaching qualifications. As a performer he appeared in several pantomimes at the Birmingham Hippodrome alongside several contracts for Celebrity and Princess Cruise Lines. Upon returning to England and settling in London, Nathan has performed in a range of regional productions including 'Copacabana' and 'Hello Dolly' and various trade shows and TV commercials. He has toured the UK in the national tour of 'Copacabana' and Europe in the Irish dance show 'Spirit of the Dance'. He also completed a season at the renowned Chichester Festival Theatre. Nathan last appeared in the revival of the Broadway Musical '42nd Street', albeit in German, in the city of Stuttgart.

Following his first passion, teaching, Nathan established himself as a successful jazz and tap tutor and choreographer working at several vocational schools including Arts Ed, Mountview Academy of Theatre Arts, Bodywork Dance Studios and Sylvia Young Theatre School. In 2008 Nathan joined the faculty of Urdang Academy, ultimately taking over the running of the degree programmes as Director of HE Programmes. Nathan has also taught at many private dance schools and taught workshops across the country. He has also delivered the ISTD teaching qualifications at various centres.

He completed an MA in Professional Practice (awarded with Distinction) at Middlesex University and was awarded a PhD in Dance in 2018 from the University of Roehampton. He is an examiner for the ISTD Modern and Tap faculties and has been part of the teaching and creative team for tap. Nathan is the External Examiner for Shockout in Manchester overseeing their MA and BA programmes and has recently been appointed as External Examiner to Laine Theatre Arts.

An experienced adjudicator, Nathan represents the British Federation of Festivals and was a trustee and Artistic Director for All England Dance where he chaired the Artistic Committee. Nathan was responsible for the accreditation and launch of the Dang Theatre and Dance Syllabus and its rollout into performing arts schools. He is currently engaged as an Associate Lecturer in Tap and Contextual Studies at Performers College and has recently joined the Royal Academy of Dancing as a Syllabus Development Consultant and has created their OFQUAL regulated graded syllabus in Musical Theatre.

MUSIC

Teachers/Performers will need to upload their music - MP3, MP4, .WAV files with their entries.

PRE-JUNIOR - 6 years & under

Class	Age	Time	Fee
301 PRE-JUNIOR - Classical	6 and younger	Up to 1.5 mins	£11.00
302 PRE-JUNIOR - Stage Style	6 and younger	Up to 2 mins	£11.00

CLASSICAL BALLETT

Class	Age	Time	Fee
303 A - CLASSICAL BALLETT 7 and 8 years	Age 7 and 8	Up to 1.5 mins	£11.00
304 B - CLASSICAL BALLETT 9 and 10 years	Age 9 and 10	Up to 1.5 mins	£11.00

CLASSICAL BALLETT OR STYLISED BALLETT

Class	Age	Time	Fee
305 C - CLASSICAL BALLETT OR STYLISED BALLETT 11 and 12 years	Age 11 and 12	Up to 2 mins	£11.00
306 D - CLASSICAL BALLETT OR STYLISED BALLETT 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
307 E - CLASSICAL BALLETT OR STYLISED BALLETT 15 to 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

CONTEMPORARY OR MODERN BALLET

Class	Age	Time	Fee
308 D - CONTEMPORARY or MODERN BALLET 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
309 E - CONTEMPORARY or MODERN BALLET 15 and 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

CHARACTER (Demi)

Class	Age	Time	Fee
310 A - CHARACTER (Demi) 7 and 8 years	Age 7 and 8	Up to 1.5 mins	£11.00
311 B - CHARACTER (Demi) 9 and 10 years	Age 9 and 10	Up to 1.5 mins	£11.00
312 C - CHARACTER (Demi) 11 and 12 years	Age 11 and 12	Up to 2 mins	£11.00
313 D - CHARACTER (Demi) 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
314 E - CHARACTER (Demi) 15 to 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

CLASSICAL GREEK

Class	Age	Time	Fee
315 A - CLASSICAL GREEK 7 and 8 years	Age 7 and 8	Up to 1.5 mins	£11.00
316 B - CLASSICAL GREEK 9 and 10 years	Age 9 and 10	Up to 1.5 mins	£11.00
317 C - CLASSICAL GREEK 11 and 12 years	Age 11 and 12	Up to 2 mins	£11.00
318 D - CLASSICAL GREEK 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
319 E - CLASSICAL GREEK 15 and 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

GLOBAL DANCE

Class	Age	Time	Fee
320 A - GLOBAL DANCE 7 and 8 years	Age 7 and 8	Up to 1.5 mins	£11.00
321 B - GLOBAL DANCE 9 and 10 years	Age 9 and 10	Up to 1.5 mins	£11.00
322 C - GLOBAL DANCE 11 and 12 years	Age 11 and 12	Up to 2 mins	£11.00
323 D - GLOBAL DANCE 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
324 E - GLOBAL DANCE 15 and 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

MODERN

Class	Age	Time	Fee
325 A - MODERN 7 and 8 years	Age 7 and 8	Up to 1.5 mins	£11.00
326 B - MODERN 9 and 10 years	Age 9 and 10	Up to 1.5 mins	£11.00

Class	Age	Time	Fee
327 C - MODERN 11 and 12 years	Age 11 and 12	Up to 2 mins	£11.00
328 D - MODERN 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
329 E - MODERN 15 and 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

LYRICAL MODERN

Class	Age	Time	Fee
330 D - LYRICAL MODERN 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
331 E - LYRICAL MODERN 15 and 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

TAP

Class	Age	Time	Fee
332 A - TAP 7 and 8 years	Age 7 and 8	Up to 1.5 mins	£11.00
333 B - TAP 9 and 10 years	Age 9 and 10	Up to 1.5 mins	£11.00
334 C - TAP 11 and 12 years	Age 11 and 12	Up to 2 mins	£11.00
335 D - TAP 13 and 14 years	Age 13 and 14	Up to 2 mins	£11.00
336 E - TAP 15 and 18 inclusive	Between 15 and 18	Up to 2 mins	£11.00

MUSICAL THEATRE

Class	Age	Time	Fee
337 A - MUSICAL THEATRE 7 and 8 years	Age 7 and 8	Up to 2 mins	£11.00
338 B - MUSICAL THEATRE 9 and 10 years	Age 9 and 10	Up to 2 mins	£11.00
339 C - MUSICAL THEATRE 11 and 12 years	Age 11 and 12	Up to 2.5 mins	£11.00
340 D - MUSICAL THEATRE 13 and 14 years	Age 13 and 14	Up to 2.5 mins	£11.00
341 E - MUSICAL THEATRE 15 and 18 inclusive	Between 15 and 18	Up to 2.5 mins	£11.00

CLASSICAL DUETS

Ballet
 Classical or Stylised Ballet
 Classical Greek
 Contemporary or Modern Ballet
 Global Dance
 Character

Class	Age	Time	Fee
342 JUNIOR CLASSICAL DUETS Group of 2 people	10 and younger	Up to 2.5 mins	£17.00 per duo

Class	Age	Time	Fee
343 INTERMEDIATE CLASSICAL DUETS Group of 2 people	14 and younger	Up to 2.5 mins	£17.00 per duo
344 SENIOR CLASSICAL DUETS Group of 2 people	21 and younger	Up to 2.5 mins	£17.00 per duo

STAGE DUETS

Tap - up to 2.5 mins
 Modern - up to 2.5 mins
 Lyrical Modern - up to 2.5 mins
 Musical Theatre - up to 3 mins

Class	Age	Time	Fee
345 JUNIOR STAGE DUETS Group of 2 people	10 and younger	Up to 2.5 mins	£17.00 per duo
346 INTERMEDIATE STAGE DUETS Group of 2 people	14 and younger	Up to 2.5 mins	£17.00 per duo
347 SENIOR STAGE DUETS Group of 2 people	21 and younger	Up to 2.5 mins	£17.00 per duo

CLASSICAL TRIOS/QUARTETS

Ballet
 Classical or Stylised Ballet
 Classical Greek
 Contemporary or Modern Ballet
 Global Dance
 Character

Class	Age	Time	Fee
348 JUNIOR CLASSICAL TRIOS/QUARTETS Group of 3 to 4 people	10 and younger	Up to 2.5 mins	£19.50 per group
349 INTERMEDIATE CLASSICAL TRIOS/QUARTETS Group of 3 to 4 people	14 and younger	Up to 2.5 mins	£19.50 per group
350 SENIOR CLASSICAL TRIOS/QUARTETS Group of 3 to 4 people	21 and younger	Up to 2.5 mins	£19.50 per group

STAGE TRIOS/QUARTETS

Modern - up to 2.5 mins
 Lyrical Modern - up to 2.5 mins
 Tap - up to 2.5 mins
 Musical Theatre - up to 3 mins

Class	Age	Time	Fee
351 JUNIOR STAGE TRIOS/QUARTETS Group of 3 to 4 people	10 and younger	Up to 2.5 mins	£19.50 per group

Class	Age	Time	Fee
352 INTERMEDIATE STAGE TRIOS/QUARTETS Group of 3 to 4 people	14 and younger	Up to 2.5 mins	£19.50 per group
353 SENIOR STAGE TRIOS/QUARTETS Group of 3 to 4 people	21 and younger	Up to 2.5 mins	£19.50 per group

GROUPS

Ballet
 Classical or Stylised Ballet
 Classical Greek
 Contemporary or Modern Ballet
 Global Dance
 Character

Class	Age	Time	Fee
354 JUNIOR GROUPS Group of 8 to 24 people	10 and younger	Up to 4 mins	£5.00 per person
355 INTERMEDIATE GROUPS Group of 8 to 24 people	14 and younger	Up to 4 mins	£5.00 per person
356 SENIOR GROUPS Group of 8 to 24 people	21 and younger	Up to 4 mins	£5.00 per person

SMALL GROUPS

Ballet
 Classical or Stylised Ballet
 Classical Greek
 Contemporary or Modern Ballet
 Global Dance
 Character

Class	Age	Time	Fee
357 JUNIOR SMALL GROUP Group of 2 to 10 people	10 and younger	Up to 3 mins	£5.00 per person
358 INTERMEDIATE SMALL GROUPS Group of 2 to 10 people	14 and younger	Up to 3 mins	£5.00 per person
359 SENIOR SMALL GROUPS Group of 2 to 10 people	21 and younger	Up to 3 mins	£5.00 per person

TROUPES

Modern
 Lyrical Modern
 Tap
 Musical Theatre

Class	Age	Time	Fee
360 JUNIOR TROUPES Group of 8 to 24 people	10 and younger	Up to 4 mins	£5.00 per person
361 INTERMEDIATE TROUPES Group of 8 to 24 people	14 and younger	Up to 4 mins	£5.00 per person
362 SENIOR TROUPES Group of 8 to 24 people	21 and younger	Up to 4 mins	£5.00 per person
363 JUNIOR SMALL TROUPES Group of 2 to 10 people	Between 2 and 10	Up to 3 mins	£5.00 per person
364 INTERMEDIATE SMALL TROUPES Group of 2 to 10 people	14 and younger	Up to 3 mins	£5.00 per person
365 SENIOR SMALL TROUPES Group of 2 to 10 people	21 and younger	Up to 3 mins	£5.00 per person

SAFETY OF PERFORMERS

It is necessary for teachers and parents to be aware of their responsibilities in entering any performers with limited physical capabilities or special needs, bearing in mind the limitations imposed by the surrounding environment. It is also necessary for the teacher or parent to pass on to the Adjudicator, via the Organiser, any such information that would impact on the Adjudicator's work.

One parent only in the Dressing Rooms. Schools are welcome to send licensed chaperones if they wish.